



Apricot Oat Coconut Energy Balls

16 servings

1 hour

Ingredients

1/2 cup Unsweetened Shredded Coconut (divided)
1 cup Dried Apricots
1/2 cup Pitted Dates
1/2 cup Oats (rolled)
1/2 cup Pumpkin Seed Butter
1/4 cup Hemp Seeds
1/2 tsp Sea Salt

Directions

- 1 Add half of the shredded coconut to a small bowl and set aside.
- 2 Add the remaining ingredients to a food processor and process until a sticky consistency is achieved.
- 3 Roll the batter into balls, with approximately two tablespoons of batter for each, until all of the batter is used up.
- 4 Roll each ball in the remaining shredded coconut to coat and transfer the balls onto a parchment-lined baking sheet. Transfer the baking sheet to the fridge to set for at least 30 minutes. Enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to seven days. Freeze for up to three months.

Serving Size: One serving is equal to approximately one ball.

More Flavor: Add cinnamon and vanilla.