



Banana Yogurt Split

1 serving
5 minutes

Ingredients

1/2 cup Plain Greek Yogurt
1 tbsp All Natural Peanut Butter
1 Banana (sliced in half lengthwise)
1 tsp Maple Syrup
15 grams Dark Chocolate (at least 70% cacao, chopped)

Directions

- 1 Stir together the yogurt and peanut butter in a small bowl.
- 2 Place the banana halves onto a plate. Top with the yogurt mixture, maple syrup, and dark chocolate. Enjoy!

Notes

Leftovers: Refrigerate in an airtight container for up to three days.

Dairy-Free: Use coconut yogurt.

Nut-Free: Use tahini, sunflower seed butter or pumpkin seed butter, or omit the peanut butter.

Additional Toppings: Add fresh fruit, chopped nuts, shredded coconut, or sprinkles.